

Psychotherapy Institute of Back Bay
143 Newbury Street, 5th Floor
Boston, MA 02116

Post-Graduate Clinical Fellowship Program 2025-2026

Fellowship Summary:

The Psychotherapy Institute of Back Bay offers a two-year post-graduate fellowship in adult and couples psychodynamic psychotherapy. This 15-20 hour per week training opportunity is focused on developing skills in psychodynamic clinical practice as well as a foundation in the creation and administration of a private practice.

Those interested in applying for the Fellowship must plan to complete their academic graduate degree and obtain their Massachusetts license or have license eligibility in their discipline prior to beginning the fellowship in September. Fellowship clinical and supervision hours can be applied towards LICSW licensure requirements in Massachusetts.

Fellowship Schedule:

Program activities are held on Wednesdays beginning September 10, 2025, and continue through the training year ending Wednesday, May 27, 2026 (Clinical hours continue through August 31, 2026). There is a required orientation meeting on Wednesday, September 3, 2025. In the spring, Fellows meet with Directors to determine continuation in the Fellowship for a second year. The tentative training offerings for the upcoming year are:

- *Clinical Case Conference* (All Fellows)
- *Working with Couples Seminar* (1st Year Fellows) or *Working with Couples Group Supervision* (2nd Year Fellows)
- *Foundations of Psychotherapy Seminar/ Language of Psychodynamic Psychotherapy Seminar/ Intro to Formulation/ Foundations of Character Styles/ Working with Psychopharmacology* (1st Year Fellows)
- *Advanced Topics in Psychodynamic Psychotherapy Seminars and Topics in Psychodynamic Private Practice* (2nd Year Fellows)
- *Group Process Supervision* (All Fellows)
- Weekly individual supervision with assigned supervisor [location/schedule TBD with supervisor]

Duties and Responsibilities:

Fellows are expected to maintain a caseload of 9 individual/couples patients in Year 1 dependent on referral from PIBB. Caseloads increase to 10 individual/couples patients in Year 2.

Fellows are expected to attend all program activities. All absences, whether planned or unanticipated, must be communicated to the instructor and a Director of Training. Clinical hours are to be scheduled during your designated office days and hours beginning 9/8/25 - 8/31/26. You will be required to schedule at least one evening (4-8pm) M-TH and either one additional block in these times or additional daytime hours dependent on availability. We will begin to finalize this schedule in June.

Additional details will be provided over the summer regarding individual supervision including supervisor's contact information. Meetings may be scheduled by mutual agreement with the assigned supervisor beginning September 1st.

Information about required readings will be made available in June. Readings must be completed prior to orientation in September.

Fellows receive compensation based on a percentage of revenues received for clinical work performed by the Fellow and is further detailed in an employment agreement.

Application:

Please submit the following materials via the emails below:

- your current CV
- (2) letters of recommendation, at least one of which is provided by someone who is familiar with your clinical work (at a clinical placement, externship, etc.)
- a personal statement addressing the following questions:

How did you come to be interested in psychodynamic psychotherapy?

What is your prior experience with psychodynamic psychotherapy (personal therapy, supervision, academic courses)?

Please describe an experience you have had conducting psychotherapy or providing a psychological assessment in a clinical setting. Briefly describe the clinical context of the work, and focus mostly on what you came to understand about your patient and yourself from the work you did together.

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Given that the fellowship is part-time, what additional professional/educational plans do you have for next year?

Are you available on Wednesdays, starting at 10:00am?

Are you able to make two evenings a week or one evening and one morning/day available for seeing patients? (There is some flexibility in this requirement for independently-licensed clinicians)

Deadline: Applications are accepted beginning 2/1/25 and continue on a rolling basis until all positions are filled

Send completed application materials to :
Marina Kovarsky, LICSW
Director of Training
marina.kovarsky@backbayinstitute.org

For general inquiries contact:
857-233-5169
www.backbayinstitute.org